

AZEEZAT BOLARINWA

Support Worker / Care Assistant

PROFESSIONAL SUMMARY

Compassionate and dedicated Care Support Worker with hands-on experience providing high-quality person-centred care to adults and children with diverse needs. Skilled in supporting individuals with daily living activities, mobility, personal care, emotional wellbeing, and community engagement. Known for maintaining dignity, promoting independence, and building trusting relationships with service users and families. Experienced in working within residential, community, and supported-living settings while following care plans, safeguarding standards, and organisational policies. A reliable team player with strong communication skills, a calm approach under pressure, and a genuine commitment to improving the quality of life for those in my care.

EMPLOYMENT HISTORY

SUPPORT WORKER

PLUS (Providence Linc United Services)

Nov 2024 - Present
London

- ◆ Deliver compassionate care and assistance, enhancing client well-being and daily living.
- ◆ Implement personalized care plans, fostering client independence and quality of life.
- ◆ Collaborate with healthcare teams, ensuring seamless care delivery and client satisfaction.

CARE ASSISTANT

Chime care

Mar 2023 - Oct 2024
London

- ◆ Delivered individualised elderly care.
- ◆ Maintained accurate health and wellbeing records.
- ◆ Partnered with families and healthcare professionals.
- ◆ Developed engaging activities.

ADMINISTRATIVE ASSISTANT

Meblad Partners

Jun 2021 - Dec 2022
Lagos, Nigeria

- ◆ Managed office operations and filing systems.
- ◆ Streamlined administrative workflows.
- ◆ Implemented digital filing solutions.

CLASSROOM ASSISTANT

Fruitful Group of Schools

Oct 2020 - Dec 2021
Lagos, Nigeria

- ◆ Supported classroom learning activities.
- ◆ Assisted teachers with lesson preparation.
- ◆ Managed small group activities.

EDUCATION

MA INTERNATIONAL RELATIONS

University of Hertfordshire

2024
UK

YORUBA & COMMUNICATION ARTS

Lagos State University

Nigeria

2013

REMO Secondary School

Lagos

COURSES

BASIC LIFE SUPPORT

CORE COMMUNICATION SKILLS

MOVING & HANDLING

AUTISM & LEARNING DISABILITY

ROLE OF A CARER

DEMENTIA CARE

DOLS

SAFEGUARDING

INFECTION PREVENTION AND CONTROL

SKILLS

Patient Management, Personal Care, Care Planning, Documentation, Team Collaboration, Health Promotion,
Time Management, Active Listening,

ADDITIONAL INFORMATION

Available on request.