



Shaan Rahim

Care Assistant

Compassionate nursing caregiver who knows how to keep a level head during emergencies. Able to provide a number of services to patients to make them feel comfortable and safe at all times. Certified in first aid techniques as well as practical Health. Excels at exemplifying proper bedside manner. Specialization in looking after elderly patients.

Contact

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Email

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Address

Kuzhiyazhikom, Mukkam
Mayyanad P.O
Kollam, Kerala

Education

2015-17

BSS diploma in Practical Health Course
Bharat Sevak Samaj

2006-09

Bachelor of Science
Bharathiar University

2004-06

High School
HSS Mayyanad

Core Qualifications

- First aid
- Working under pressure
- Daily documentation Medical reminder
- Data confidentiality
- Safeguarding policy compliance
- Time management
- Elderly Care expertise

Language

English

Malayam

Hindi

Tamil

● Experience

2017 September- present

Working as Care Assistant at Santhwanam Cultural and Charitable Trust

- Observe service users health and food and fluid intake levels and personal habits to do with hygiene and diet.
- Help to organise and also participate in recreational activities.
- Preparing food and also serving meals, drinks and refreshments.
- Followed best practices for patient care and home regulations, ensuring patient safety with 0 incident reports.
- Offer immediate assistance in emergency and routine paging situations to evaluate needs and deliver care.
- Administered personal hygiene assistance to patients at their bedside.
- Making and changing beds and ensuring that rooms are clean and tidy.
- Helped patients with personal care, which included washing bed linens, washing clothing and ironing clothing.

● Profession relevant skills

- Calm, upbeat demeanor to give patients more than just a caregiver but to give them a friend.
- Active listening skills to take my time to understand what a patient is trying to communicate.
- An understanding the concept of confidentiality.
- Capable to identify and tell when procedures need to be changed in a patient's routine.
- Knowledge of how to use a glucometer, electronic blood pressure unit, oxygen equipment and a variety of other medical devices.
- Adapt in Alzheimer's care, Parkinson's and Dementia.

● Documents and Certificates

- UK Naric(Ecctis)
- Passport(Passport No:Y6216111)
- Valid Police Clearance Certificate
- UK Medical Certificate
- Driving Licence